

MODULE 1

COLOUR THEORY AND KITCHEN COLOUR SCHEMES

By Lucy Goffin

Light Reflectance Values (LRV)



Resene Astronaut
Blue
10% LRV
B38-052-231
From the Hamner
Springs Palette



Resene Brown
Bramble
10% LRV
B38-052-231
From the Hamner
Springs Palette



Resene Sputnik
10% LRV
M37-031-265
From the Metallics
& Special Effects
Palette



Resene Colins
Wicket
31% LRV
BR63-043-079
From the Range
Whites & Neutral
Palette



Resene Turkish
Rose
31% LRV
R62-042-014
From the Multi
Finish Range



Resene
Valencia
31% LRV
R62-121-033
From the
BS5252 range

Light Reflectance Values (LRV)



Resene Rainee
58% LRV
G81-014-144
From the Multi-finish
range



Resene Wafer
58% LRV
O81-020-048
From the BS5252
range



Resene Paper
Doll
58% LRV
R81-030-026
From the
Multi-finish
range (2016)



Resene Cut Glass
72% LRV
B85-012-208
From the
Multi-finish range
(2016)



Resene Oscar
72% LRV
Y88-042-074
From the Range
fashion colours 16



Resene
Sublime
72% LRV
G88-121-108
From the
Multi-finish
range (2016)

Light Reflectance Values (LRV)



Resene Gin Fizz
85% LRV
Y94-028-083
From the Multi-finish
range (2008)

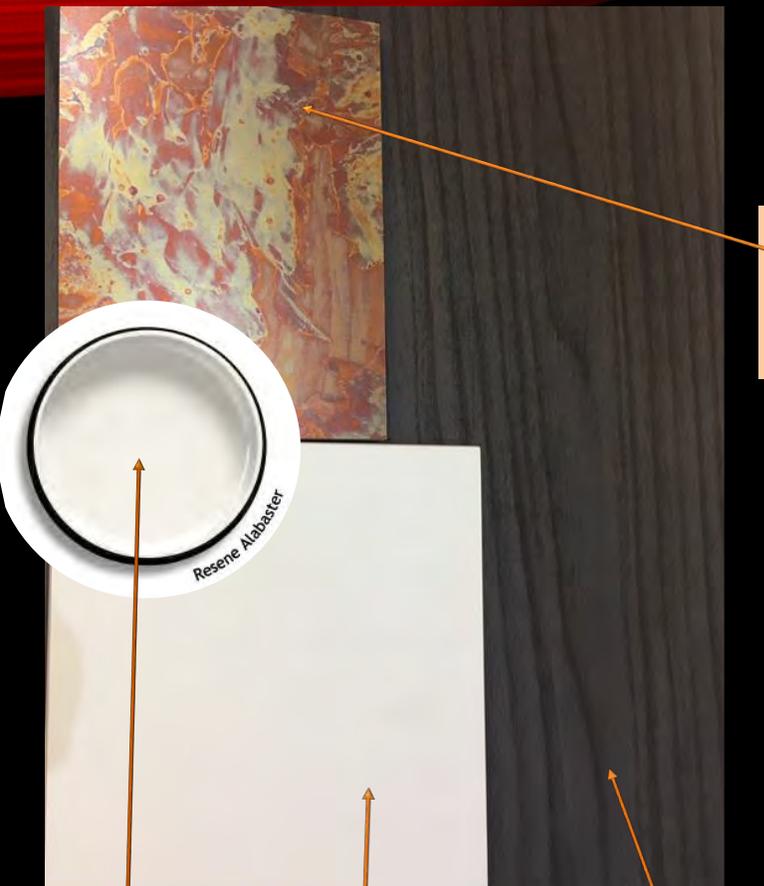


Resene Half
Sea Fog
85% LRV
N94-005-102
From the Whites
& Neutrals
(2015) Range



Resene Fair Pink
85% LRV
O94-011-043
From the
Multi-finish range
(pre 2006)

Colour Schemes 'Wow factor'



Splashback
'Ragged
Copper'
by Prima

Resene Alabaster

Photo by Lucy Goffin (Myself)

Wall Paint Colour
'Alabaster'
By Resene

Bench Top
'Luna Touch'
By Evolve

Wall & Base Units
'Dark Walnut'
by Symphony

The 'wow factor' ... now this is complicated when it comes to design as everyone has their own version of what is 'wow' ... especially in a good way.

"The wow factor has had designers going cross-eyed for decades as it can either be 'wow' in a good way or 'wow' in a bad way". (Steve Harrison, 2017)

Now, unless you have a detailed brief, a good 'wow' factor is going to be different to everyone.

Therefore, what I think is 'wow' in a good way, the person reading this may not. It's a complicated issue.

I personally think if something is 'wow' it grabs your attention.

Whether it is a negative 'wow' or a positive 'wow', either way it will be something that catches your eye.

Hence this kitchen colour scheme I have come up with.

I feel this design demonstrates the 'wow factor' really well. Although the copper splashback may not be to everyone's personal taste it is definitely something bold and eye-catching.

The Luna touch white worktop is extremely bright and bold so when you walk into this kitchen you are definitely going to feel the 'wow factor'.

The Dark Walnut units have great detail in them, especially close up – therefore when you look at them you will definitely get the 'wow' feeling.

I have used a simple white paint for this kitchen so that the splashback, benchtop and units stand out even more. Helping to achieve the ultimate 'wow factor'.

Colour Schemes 'Expression'

I have chosen this colour scheme as it contains the quality of 'expression'.

The 'Heather' splash back and light 'Ashen lavender' wall were my main focus.

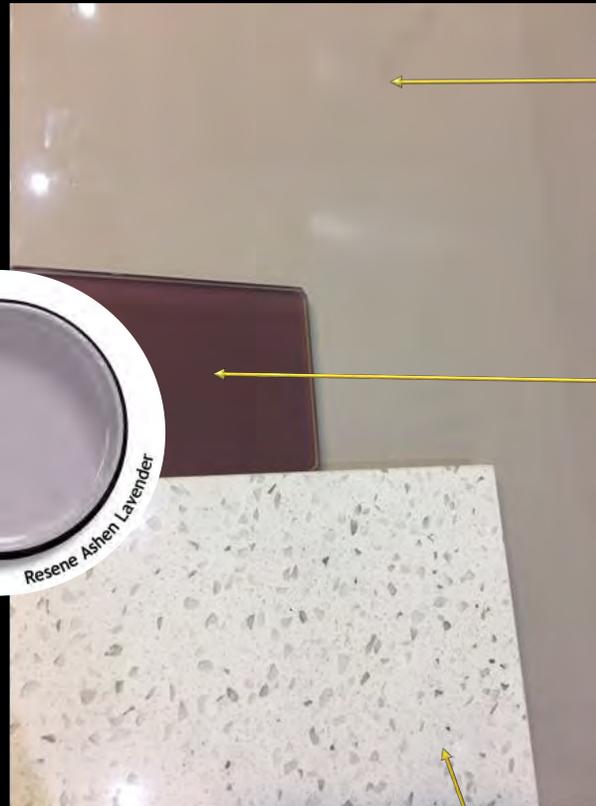
I wanted this kitchen to feel like a high end but creative space, so I did some research and discovered that using shades & tones of the secondary colour 'purple' would help express this.

"Using a purple is a quick way to create a sense of elegance or high-end appeal, even if your product is budget-minded (an 'expensive' effect that's quite the opposite of orange)". (Orange is deemed a 'cheap' colour).
"Lighter shades of purple – especially lavender – bring to mind spring and romance. Darker shades add more mystery, and can even symbolise creativity". (Jerry Cao, n.d).

Having a Darker shade of purple on the light tinted purple back ground will make the purple feel like a more dominant colour in this kitchen, which will give the kitchen a strong expression and a sense of creativity and good quality.

The Gloss Cashmere gives off a grey-purple tone and the 'sparkles' in the white nova are quite reflective so the purple expression in this kitchen should definitely stand out!

I was going to use a blue in this kitchen to give the kitchen a calm expression, however, I discovered that blue foods are quite uncommon therefore the colour blue can be quite an 'appetite suppression' which we don't want in a kitchen!!



Wall & Base units
'Gloss Cashmere'
by Symphony

Splashback
'Heather'
By Deco Glaze

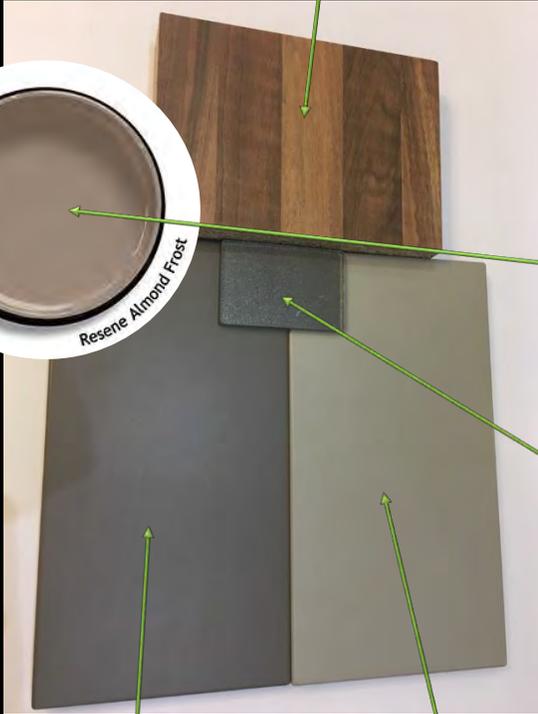
Photo by Lucy Goffin (Myself)

Wall Paint
'Ashen Lavender'
By Resene

Bench Top
'White Nova'
By Midland Stone

Colour Schemes 'Character'

Bench Top
'Walnut Butcher Block' by
Omega



Wall Colour
'Almond Frost'
By Resene

Splashback
'Zeus'
By Deco Glaze

Base Units
'Pumice'
by Symphony

Wall Units
'Clay'
By Symphony

Photo by Lucy Goffin (Myself)

I have chosen this colour scheme to demonstrate character.

For this scheme I have decided to use colours of the earth.

The colours of the earth are part of our natural environment therefore they make the perfect colour scheme/ background for our every day living.

Earth colours are derived from naturally occurring pigments in the ground - i.e. soils, leaves, rocks etc.

Brown & green are both great as there pure colours but also are the creators of many subtle hues.

"These hues have formed a basic palette of life for every culture of the world and were even used for tempera murals, aboriginal war paint and Celtic pottery". (Earth Tones,2018).

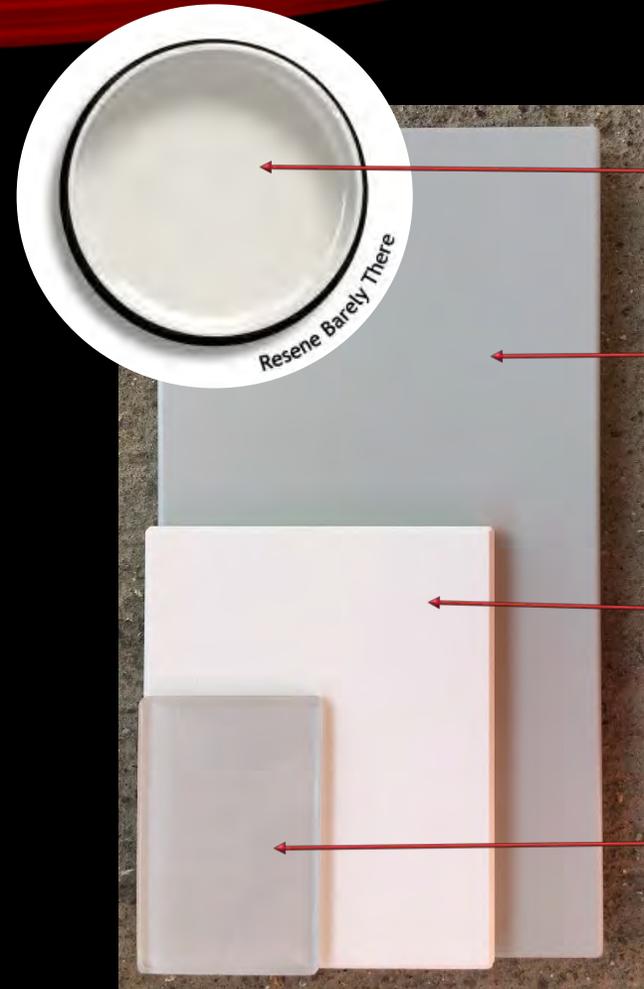
I have used a wood worktop as it has very strong character by itself. Wood is a product with very strong characteristics, its texture, colour, density and weight make it a product of interest and the perfect product to bring character into the kitchen, weather it is real wood or a laminate 'wood-look alike'.

Earthy colours can easily be quite muted if there is no patterns in the room. So having a wooden or wood – look work bench (or something with texture/pattern) adds character to the room.

"In character, rooms that are decorated with earth tones have a gentle, welcoming feel and a sense of timelessness". (Earth Tones, 2018).

Earth tones are as far from the primary colours as you can get and there origins root back to way before synthetic dyes and all the bright dazzling colours that are available now a days. Hence, why I feel this particular colour scheme is full of character.

Colour Schemes 'Subtleness'



Wall paint colour
'Barely There'
by Resene

Base & Wall Units
'Dove Grey'
by Symphony

Bench Top
'Bianco Assoluto'
by Midland Stone

Glass Splashback
'Linen'
by Deco Glaze

The free dictionary describes the word subtle as "delicate or faint", "a subtle shade" and "not immediately obvious or comprehensible".

I believe these colours achieve a 'subtle' effect because they are all light colours and are not too invasive. They are quite delicate looking.

There is a subtle contrast between the light greys and whites but it is not too bold or dramatic. This contrast isn't something that you look at and feel is immediately obvious.

The 'Linen' glass splash back is a good subdominant colour to help achieve this subtle look as it contrasts well with the White worktops and grey toned white wall paint. Even though it contrasts with the white it only offers a hint of colour, but nothing too vibrant.

Also, if something is subtle, it will most likely be quite calming to be around, lighter colours tend to have a more calming effect.

Therefore, I feel like these light, delicate colours are the perfect choice for a subtle kitchen.

Colour Schemes - 'Sophistication'

Wall Colour
'Concrete'
By Resene

Base Units
'Anthracite'
By Symphony

Wall Units
'Dusk Grey'
By Symphony

Splashback
'Brushed Aluminium'
By Formica

Bench Top
'Statuario'
By Midland Stone

Photo by Lucy Goffin (Myself)

Sophistication isn't about having golden stools at your bench top or really expensive art work hanging on the walls, it is about having a well balanced room with balanced colours.

I have chosen to use a monochromatic colour scheme to display the quality of sophistication for this kitchen. I have restrained myself from using any colours other than tints/shades of Grey.

"Monochromatic colors are all the colors (tones, tints and shades) of a single hue". (Monochromatic Colour, 2018).

I have chosen to do a monochromatic colour scheme for this kitchen as monochromatic colour schemes tend to feel clean, simple & sophisticated.

This photo I have taken does not do these colours I have found justice... The dark anthracite is an extremely dark shade of grey on the verge of being black and the Dusk Grey is quite a dark grey. In a bigger slab the 'Statuario' bench top will have a lot more tinted grey veins running through it as well.

I feel that these colours contain the quality of sophistication as they all balance out really well as they are shades/tints that derive from the same Hue colour (Grey).

I feel that balance in colour is the key to a sophisticated kitchen.

My Favourite Colour Scheme

Choosing my favourite colour scheme was not easy as I liked them all so much for different reasons.

However, after staring at them for what felt like ages, I decided that my favourite colour scheme would have to be the colour scheme which contains the most character (My Earth-toned colour scheme).

I personally love being outdoors and surrounded by nature, so to bring this 'earthy' colour scheme inside my own kitchen would feel amazing.

I personally love wood and wood-look work tops, I find wood patterns and textures interesting and pleasing to look at & touch.

I enjoy having visitors over and cooking for them and this colour scheme would make the kitchen extremely welcoming as it contains colours that are common and gentle to the eye for most people.

I imagine standing in this kitchen, I would definitely feel a sense of timelessness and peace, just like when I'm outdoors!



Kitchens From the 1960's



Image by Miss Vintage Love, 2011



Image by Regina Yunghans, 2009

The 1960's ... a decade of radical change, rebellion, vibrancy and a desire for freedom – of any sort.... Including the colours in a kitchen.

The feeling of freedom and spiritual liberation of the '60s most certainly made its way into kitchen colors, which were all about showing personality & breaking the 'rules'.

Home décor definely became brighter in the 60's!
“Psychedelic hues like neon green, punchy turquoise and acid orange are now synonymous with this decade”. (Nancy Mitchell, 2017)
Bright colours were used extensively (especially red).

The real statement in the 60's was the wallpaper, wall papers were bold with multi-coloured patterns which were sometimes metallic in design and usually included bright orange, yellow, green, and other highly contrasting colours.

Florals were very popular and this colourful wallpaper was often made of vinyl for easy cleaning.

Vivid accent colours were used amongst all the colour.
It really is a decade known for 'breaking the rules' especially when it came to colour schemes.

Kitchens From the 1970's



Image by Alexis Velez, 2016

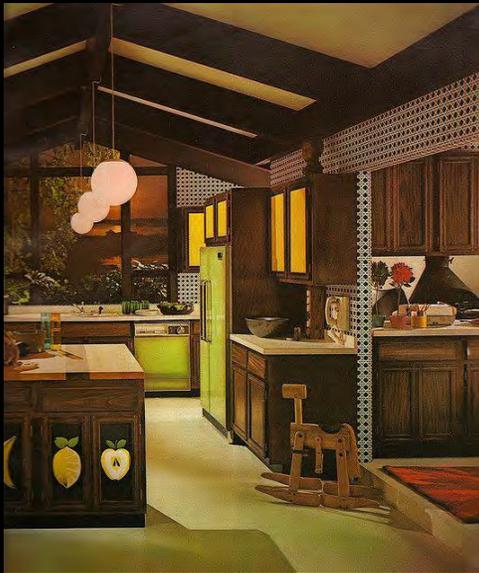


Image by Laura Williams, n.d.

The 1970's came after the bold colour story called the 60s.

“Wood replaced steel as the material of choice for cabinets in the 1960s, and in the '70s wood cabinets (often with laminate countertops) dominated”. (Nancy Mitchell, 2017)

70s kitchens were full of shades of orange and the Kitchen cabinets were usually maple.

The 70's was plain compared to the 60's - rather than using lots of bright contrasting colours the 70s used lots more 'earthy' tones

Kitchen appliances were rarely white or off-white.

Instead, they were bright and colourful.

Most 70s kitchens included refrigerators, ranges, and dishwashers that were featured in popular shades known as Harvest Gold, Avocado, Bronze, or Pumpkin.

Avocado green was at the forefront of colours used in the kitchens in the 70's.

Today, it's easy to spot a 70s kitchen – just look for the colourful appliances!

Kitchens From the 1980's



Image by Jim Edwards, 2015



Image by Happily Décor

Kitchen designs in the early 80s responded to the floral designs of the 70s. Out went floral prints and bright colours. Instead, homes were decorated in more neutral tones. Beiges, browns and natural greens. Kitchens were being more 'toned down'.

Kitchens from the 1980s ditched the harvest gold and avocado appliances that were popular in '70s, but kept the wood cabinets. There was A LOT of wood in the 80s.

Riddled with wood trims and laminate bench tops the 80's kitchens were cream, beige, brown and peach in colour. Floral patterns came back, but were used sparingly.

Pastel colours were also 'in' in the 1980s. Bold colours were used as accent colours in 1980's kitchens; hunter greens and bold reds were used to bring life to the kitchen through bright accessories.

With more women setting out to make their millions in the corporate world in the 1980's, kitchen spaces to entertain and socialise were becoming more important.

Kitchens From the 1990's



Image by Kitchen Designs Through the Decades (Online)

The 90's, brought us the rise of the internet! We gained better communication opportunities and the mobile phone was growing more popular.

During the 90's house sizes grew and so to did their kitchens. The 90's kitchen was seen as an entertaining space, often with an 'open plan' feeling, overlooking the living and dining spaces.

People really started to see the importance of the kitchen and how it wasn't just a place to eat but a social area, so kitchens got larger and more spacious to fit in all the friends and family

The 90's kitchen was designed for decent sized gatherings rather than a place just to cook. It was minimalistic and simple containing warm toned colour palettes of browns and emeralds

Not a huge jump from kitchen design in the 80s. Neutral colours were still the 'in thing' with pale wooden cabinets.

The double door fridge, with ice making abilities and the dishwasher were both causing a scene in the 90's (both in a stainless steel finish).

The 90's kitchens started the trend of stainless steel appliances.

Granite bench-tops, laminate cabinetry or blonde timbers such as pine were also popular.



Image by 1990s Kitchen Cabinets (online)

Kitchens From the Year 2000



Image by Domino, 2016



Image by Lisa M, 2017

After the 1990's, kitchen design shifted focus. Society had better access to latest designs and colours - like never before. Wireless internet allowed people to connect to the rest of the worlds designs and trends in seconds.

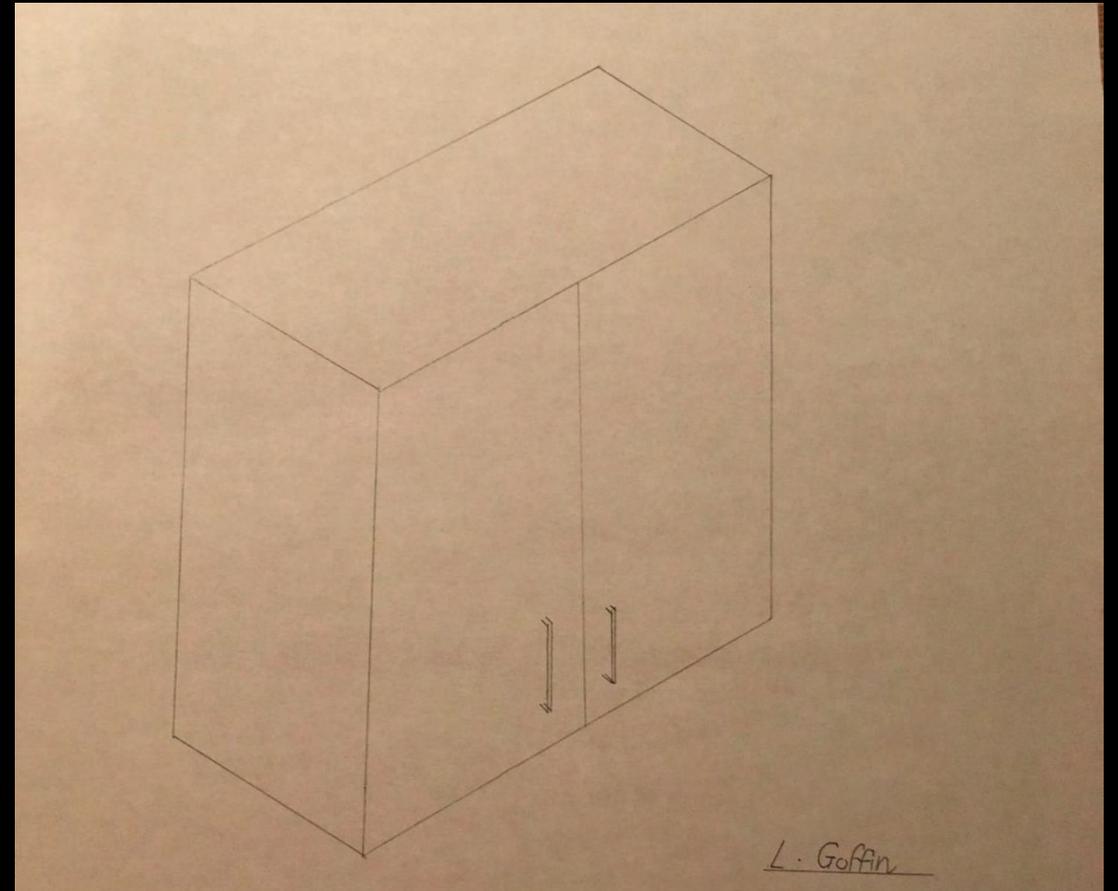
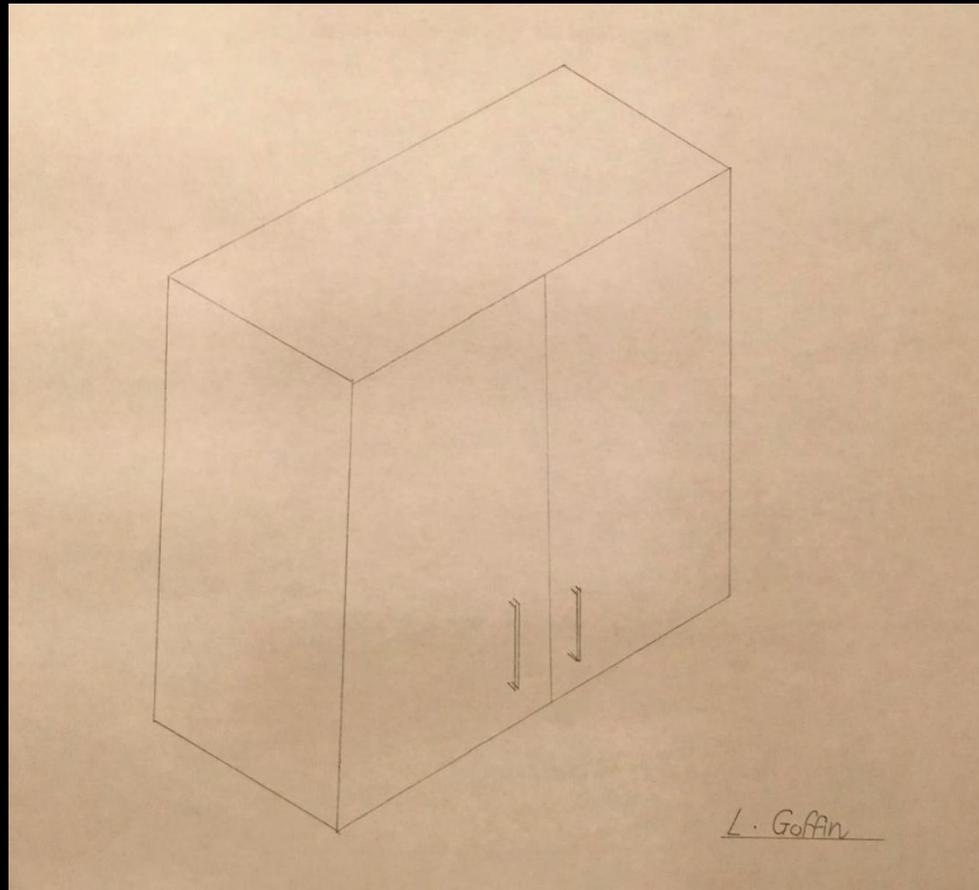
Various materials and varieties of products were at every bodies fingertips, you could access colours, trends and products easier than ever before.

The continued influence of 'simplicity' allowed consumers to enjoy neutral colours without being 'boring'. Greys, Creams and even white became popular and could now have hundreds of subtle variations.

Granite bench tops, glass splash backs, feature walls and stainless steel appliances completely took over the kitchen design scene.

"The biggest change from the 90s to the 'noughties' was the move from minimalism to the use of much richer, deeper and interesting colours," explains Jan Janacek, a designer at interior design company Bentheim. "The trend for this decade has been for comfort - people want to come home to good, comfortable design which is still cutting edge." (Huma Qureshi, 2010).

Drawing Task: Wall Unit in Parallel Projection



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